



330 Dr. Martin Luther King Jr. Way • Gastonia, North Carolina 28052

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Dementia & Alzheimer's

Completing the Circle of Care in Stanley, Mt. Holly, Dallas, and Alexis areas

Are you a Caregiver? The first step for many caregivers is to find answers to their questions. Join us for more information.

Where: Christ's Lutheran Church Stanley, Family Life Center
100 New Street, Stanley NC

When: Wednesday, June 1st at 6:00 PM

Topic: Caregiver Survival Tips – Learn about the services, programs, and resources available in our area.

Contact: Karen Creech at 704-866-3677 or 704-827-9148 to get more information.

At any time in our life, many of us can be involved in caregiving. As our loved ones age, they may need help with shopping, going to the doctor, paying bills, or meal preparation. The best thing that we can do for our loved one is take care of ourselves. Support groups can help provide information and training on various topics that you request. You can also get help connecting to the services you need.



Please share this information with others who might benefit from learning about the resources that are available in Gaston County.